

Seminar on Breaking Barriers to an International Career

Unlock Your Potential to Explore
Boundless Opportunities with

Speaker

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Friday
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Location
MATERIALS DEPARTMENT



[ned_materials_society](#)





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EMERGENCY FIRST AID CHART

1. Check for responsiveness
2. Call for help
3. Check for breathing
4. Check for pulse
5. Provide first aid
6. Monitor the patient
7. Transport to hospital











EMERGENCY FIRST AID CHART
This First Aid Chart is not intended to take the place of qualified help in the event of an emergency. In an emergency, always seek medical advice and assistance when you think it is needed. It is also recommended that you take a certified CPR and First Aid course.

GENERAL AID:
If you are not a qualified first aider, do not attempt to treat serious injuries. Instead, call for medical help and provide first aid only if you are confident that you can do so without causing further harm.

WOUNDS:
If you have a wound, stop the bleeding by applying direct pressure with a clean cloth or bandage. If the bleeding does not stop, apply more pressure. If the wound is deep or the bleeding is severe, call for medical help.

BURNS:
If you have a burn, cool the burn with running water for at least 10 minutes. Do not use ice, butter, or ointments. Cover the burn with a clean, dry cloth and call for medical help.

FRAGMENTS:
If you have a sharp object embedded in your body, do not remove it. Call for medical help and use a clean cloth to control any bleeding.

POISONING:
If you have a poisoning, call for medical help immediately. Do not induce vomiting unless instructed to do so by a medical professional.

CHOKING:
If you or someone else is choking, perform the Heimlich maneuver. If the person is unconscious, call for medical help and perform CPR.

HEALTH CARE PROVIDER:
If you are a health care provider, follow your training and protocols. If you are not a health care provider, call for medical help and provide first aid only if you are confident that you can do so without causing further harm.

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PHYSICAL ENGINEER

CERTIFICATE
OF ACHIEVEMENT